



## Our Curriculum

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The curriculum at Kampala Community International Preschool is based on the core values, principles and learning objectives of both the English National Curriculum Early Years Foundation Stages and the Early Learning Standards in the US. We have uniquely fused aspects from both curriculums with influences from The Reggio Philosophy and Montessori.

Each program's timetable is carefully planned so that there is a balance between teacher-led activities and student-led activities. Throughout the day children engage in the following sessions: small group, outdoor play, and exploration time, in addition to, weekly sessions in science, library, swimming, active games and art.

Small group focuses on a specific area of learning each day, such as Math or Literacy. During small group, children are able to develop confidence through cooperating and negotiating with others to achieve accomplishments, as well as, begin to develop early skills in each of these areas. Teachers carefully plan hands on lessons that help build a strong foundation in these areas. They also work together to build on the children's discoveries and interests to plan relevant classroom lessons.

In outdoor play, children are exposed to a variety of activities such as water/sensory play, sandbox, construction, sand studio, role-play and outdoor reading and writing. They also have the opportunity to develop their gross motor skills by swinging, climbing, balancing, hopping, running and jumping. Children are encouraged to make their own choices and the teachers act as guides to extend their learning and experiences.

Exploration time happens inside and the children explore the different learning centers that have been set up and planned for by the teachers. This time allows children to discover the environment and independently choose their own learning experiences. Children have the opportunity to visit the following learning centers: math, literacy, writing, construction, loose parts, cutting and sticking, science, role-play, play dough and sensory. Teachers are always observing and engaging children in their play to further build and develop their early academic skills.



## Curriculum cont'd.

Every week children have a lesson in each of the following areas: science, art, active games, library, eco park, and swimming.

In science, children explore all different areas of the world such as living and non-living things, hot and cold, senses, floating and sinking, the human body and so much more.

During art lessons, teacher's plan lessons that encourage developing both creativity and skills through process art.

Active games is a time for children to further develop their physical and gross motor skills. Teacher's begin each lesson with a warm-up and proceed with a skill based game, finishing off with a cool down. Children begin to learn basic skills of catching and throwing, kicking a ball, as well as, following instructions and cooperating with others.

At KCIP, we have an extensive library with a vast variety of titles. When children visit the library, they focus on acquiring basic library skills such as choosing a book, reading independently and being respectful towards literature and others.

Swimming focuses on developing water confidence through stimulating activities such as blowing bubbles, gently splashing and more. As children develop their water confidence, they will begin to learn the formation of basic strokes such as freestyle.

In eco park, children learn about how to take care of animals, plant and grow food, as well as, where food comes from.

Ultimately, the curriculum at KCIP encourages children to form deep and meaningful relationships with their teachers and peers and gain an appreciation for the diversity of individuals in the community. When children have built this strong social intelligence, they are then able to develop the academic skills needed for future success in school.



# Kampala Community International Preschool

## Areas of Learning

At KCIP our curriculum focuses on six essential areas of learning:

### **Social and Emotional**

This area of learning focuses on activities for children that encourage them to develop self-confidence and self-awareness, manage their feelings and behavior and form deep relationships with their teachers and peers.

### **Math and Cognition**

The environment, daily routines and everyday activities allow children to begin developing mathematical awareness at an early age. Our programs and environment enable children to explore and discuss shapes, size, weight, capacity, position, distance, time and money, as well as, count, compare, relate, identify patterns and problem solve.

### **Language and Literacy**

The foundation for literacy begins with oral language. We provide language oriented activities to build strong grounds for language acquisition. As the children develop their language skills, they will be introduced to activities that will further develop their early literacy skills (reading and writing).

### **Creative Development**

Our programs strongly emphasize the importance of creativity and the imagination. The environment encourages children to explore and experiment with music and dance and a variety of art materials ranging in media, color, design and texture. In all areas of learning, children are encouraged to think in original ways helping to develop their problem solving and critical thinking skills.

### **Physical Development**

Our school is fully equipped with resources that allow children to run, skip, jump, climb, balance and throw, catch, hit and kick a ball (gross motor skills). Children develop their fine motor skills through activities such as: using utensils, writing, drawing, coloring, painting, building with blocks and manipulating clay. Children are reminded about the importance of healthy habits and keeping fit.

### **Cultural Awareness**

Our curriculum highlights and acknowledges the importance of diversity. In all areas of learning, children are encouraged to relate their experiences at school to their knowledge and understanding of their culture in regards to language, religion, traditions, food, etc. Children are taught to acknowledge, recognize and respect difference.



# Kampala Community International Preschool

## Our Programs

Our programs acknowledge each child as a unique individual. Each program is influenced by our belief that a play-based and child-centered approach to learning is essential for children to reach their full potential. Our philosophy at KCIP is that children learn best in an environment that is nurturing, secure and establishes mutual understanding and respect. Within each program, teachers adhere to this philosophy and work hard to cater to each child's individual developmental needs.

### **Play and Learn Program, 6 months-18 months**

Our Play and Learn Program is inspired by parents desire to have their young children in an engaging learning environment, as well as, socialize with other children, before they are ready to separate from an adult. The Play and Learn Program is a short session that focuses on stimulating young brains and helping them to engage with others through hands-on, sensory based activities. The program also allows for bonding between adult and child. Teacher's help guide the session by providing thoughtful provocations for learning, story times, and sing-alongs. The Play and Learn Program is a great opportunity for children to develop confidence in a school environment which will help them to transition easier when the time is right.

### **Play Group Program, 18 months—2 years**

Our Play Group Program is unique because it provides a gentle separation and easy transition into preschool. While children do attend Play Group without an adult, we work with each family to make that transition smooth and comfortable for everyone. The Play Group Program will help children to develop social skills and promote interaction among other children in the group. In the Play Group Program, children will learn through creative play, explore and enjoy our preschool environment with educational toys, puzzles, blocks and more. They will also have the opportunity to learn familiar songs and stories, as well as, experience fun, sensory art activities.

### **Toddler Program, 2 years – 3 years**

Our Toddler Program provides toddlers with a rich variety of developmentally appropriate activities, with an emphasis on social skills. Our program creates a nurturing and loving environment that allows for the development of language, cognition and self-awareness through play and engaging activities. Teachers are there to guide our toddlers in their play, giving meaning and relevance to their experience. It is in our Toddler Program where children begin to develop their early reading and writing skills through sound awareness and mark making. Children will also start their foundation in math through hands-on exploration of basic math concepts such as sorting, color recognition and counting.

### **Sample Timetable**

**9—9:30:** Outdoor Play  
**9:30—10:** Swimming (once a week)  
**10—10:20:** Snack  
**10:20—11:20:** Exploration  
**11:20—11:30:** Small Group  
**11:30—11:40:** Story Time  
**11:40—12:** Outdoor Play  
**12pm:** Pick Up

### **Sample Timetable**

**7:45—9:** Welcome/Exploration/  
Library (once a week)  
**9—9:15:** Morning Circle  
**9:15—9:40:** Snack  
**9:40—10:** Small Group  
**10—10:20:** Science/Active  
Games/Art  
**10:20—11:20:** Outdoor Play/  
Swimming (once a week)/Eco  
Park (twice a week)  
**11:20—11:40:** Story Time  
**11:40—12:10:** Lunch  
**12:10—12:45:** Outdoor Play  
**12:45:** Pick Up Time



# Kampala Community International Preschool

## **Early Learner's Program, 3 years – 4 years**

Our Early Learner's Program focuses on developing language, creative expression, scientific exploration and quantitative reasoning. Through play children will have the opportunity to choose developmentally appropriate activities that encourage the development of early literacy and math skills. Children will also begin a phonics program that introduces letters sounds and builds on their already acquired sound awareness skills. Children will leave the Early Learner's Program having built a strong foundation for Pre-Kindergarten.

## **Pre-Kindergarten Program, 4 years – 5 years**

Our play-based and child-centered approach to learning ensures that children in our Pre-Kindergarten Program will be exposed to a diverse array of learning activities that help them advance their skills in the core pre-academic areas such as Literacy, Math and Science, as well as, further progress their social skills, creativity and physical development. Our Pre-K Program establishes a balance between focused activities, guided play, independent choice and exploration.

According to each child's individual ability, children will learn the sounds of the alphabet, sound out and read simple words, form letters of the alphabet, write their name and begin to read and write simple sentences.

In Math, children will begin to recognize numbers and count reliably. They will also be introduced to the concept of basic addition and subtraction through a variety of play-based activities.

## **Sample Timetable**

**8—8:30:** Welcome!  
**8:30—8:50:** Phonics  
**8:50—9:50:** Outdoor Play/  
Swimming (once a week)/Eco  
Park (twice a week)  
**9:50—10:10:** Snack  
**10:10—10:30:** Morning Circle  
**10:30—11:30:** Exploration/  
Library (once a week)  
**11:30—11:50:** Small Group  
**11:50—12:10:** Science/Active  
Games/Art  
**12:10—12:40:** Lunch  
**12:40-1:** Story Time  
**1pm:** Pick Up

## **Sample Timetable**

**8:15—8:30:** Welcome!  
**8:30—9:** Morning Circle/Phonics  
**9—10:00:** Exploration/Library  
(once a week)  
**10—10:20:** Snack  
**10:20—10:40:** Literacy  
**10:40—11:** Topic  
**11-12:10:** Outdoor Play/  
Swimming (once a week)/Eco  
Park (twice a week)  
**12:10—12:40:** Lunch  
**12:40—12:50:** Resting  
**12:50—1:20:** Math  
**1:20—1:50:** Active Games/Art/  
Science  
**1:50—2:05:** Story Time  
**2:05—2:15:** Outdoor Play  
**2:15pm:** Pick Up